



To celebrate hospital week, our facility sponsored a **What Color Is Your Brain?** workshop presented by Sheila Glazov to enhance teamwork and improve communication skills among our staff.

As an executive member of the Employee Activity Committee I had the opportunity to work out the details for our presentation with Sheila. Sheila was flexible, easy to work with and spent much time capturing our needs and understanding our expectations for the presentation to be specific for our facility. It was our goal for staff to have a better understanding of themselves and to see the value of their co-workers.

Comments from staff were positive regarding the presentation: “Sheila made you feel comfortable and not intimidated in the classroom style”; “She was knowledgeable, interactive with group and added humor to the presentation”.

Each individual completed a card about his/her brain color and we collected the information to be shared with managers to give insight on type of communication style that best fits their departments.

I have enjoyed the book, **What Color is Your Brain**, it is well written and easy to read and understand. It certainly provides insight to ones’ self and how to communicate more effectively to different “brain colors”.

Thank you Sheila for sharing,

Peggy Chapman,

President of the Employee Activity Committee

Taylorville Memorial Hospital